

# **Volunteers Needed!**

**Could you share a small part of your Thanksgiving dinner with a homebound elderly person in your community?**

It is easy as making a turkey dinner plate and delivering the meal "from your table to theirs."

Why not make it a family affair by including your children in this community service?

**The Meals on Wheels Program is looking for volunteers to share a portion of their Thanksgiving Dinner meal with a homebound elderly person in Garrett County.**

**If you would like to volunteer for this program, please contact the**

**GARRETT COUNTY COMMUNITY ACTION,  
AGING AND NUTRITION**

**at 301-334-9431, Ext. 6137, or 301-895-5818**

Your time and efforts will be greatly appreciated.  
Jeannie Tichnell, Operations Manager/Nutrition Programs