



*Just*  
**Like You!**



**"JUST LIKE YOU!"** The Just Like You campaign continues in Garrett County, designed to remind parents, guardians, grandparents, teachers, coaches – all adults – of the importance of positive role modeling for children. Grown-ups should strive to be positive role models for children by practicing healthy behaviors so those characteristics become a part of all children's healthy way of life. Dawna Ashby is shown above being a positive role model for her boys, Conner, Gabe, and Josiah, by being physically active. Older children can also be positive role models for their younger siblings. More information about the campaign, nutrition, and interactive ways for adults to participate with children can be found online at [CopyCatFun.com](http://CopyCatFun.com). Children can earn coins and win prizes while simultaneously becoming healthier. The Just Like You campaign is being sponsored by these Garrett County agencies: Community Action, Board of Education, and Health Department.