Volunteers Needed for Groceries to Go!

Groceries to Go! — otherwise known as the Commodity Supplemental Food Program (CSFP) — is a federal program that provides food to low-income seniors. Through partnerships with local nonprofits like Garrett County Community Action, the program distributes boxes of nutritious USDA foods monthly to seniors in our community. Groceries to Go! is critical to ensuring that Maryland’s food-insecure seniors receive the food assistance they need to lead healthy lives.

But it takes a village! The USDA has increased the caseload for Garrett County seniors! Starting in March & April we can serve 100 seniors with once per month deliveries of Groceries to Go. Bulk supplies of food are delivered to our Food Warehouse where we sort & pack boxes. Volunteers are needed to help sort & pack boxes on the first & second Tuesday of each month from 10am – 12pm in Oakland.

Once boxes are assembled, additional volunteers are needed to assist with delivery of boxes to seniors. Pick up of boxes will occur from 9am-10am the first and second Thursday of each month in Oakland and Grantsville. Each volunteer will be asked to deliver 6-10 boxes of food to seniors in their area. We anticipate deliveries will take 1-2 hours at most. Volunteers will use their own vehicles for deliveries and should be able to lift 35-40lbs per food box.

We need your support to make this program work in our community!

**SORTING AND PACKING**
1st & 2nd TUESDAYS of each month 10am-12pm (Oakland)

**DELIVERIES TO SENIORS**
1st & 2nd THURSDAYS of each month 9am-10am
(pick up in Oakland & Grantsville, plus 1-2 hours for delivery of 6-10 food boxes)

For more information or to sign-up contact Jeannie Tichnell @ dtichnell@garrettcac.org or call 301-334-9431, ext. 6603. Thank you!