

November 2018 Activity Calendar-Mary Browning Senior Center 301-334-9431 Ext 6134

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<div style="border: 2px solid orange; padding: 5px; text-align: center;"> <p>November Birthdays: Joan Fike, Nova Stonesifer, Catherine Hoye Howard Hoffman</p> </div>	<p>1. Weight Watchers 5pm till 6pm</p>	<p>2 9:00 Exercise Room Open 9:00 11:45 Bingo 10:30 Exercise –Weights 11:00 Tai-Chi 12:00 Lunch 1:00-3:00 Cards Games 1:00 Old Time Jammers</p>
<p>5 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights 11:00 Tai Chi 12:00 – Lunch 1:00 – BOWLING TRIP GTS Transportation 4:00 Return to MBSC</p>	<p>6. 5:30 Line dancing Exercise room 6:00 Bridge Club Dining Room</p>	<p>7 9:00 – Exercise Room Open 9:00 – 10:00 - FREE Bingo 10:30-Chair Aerobics 11:15- Animal Shelter Nick Dudok 12:00- Lunch 1:00 – 4:00 – Games & Cards 6:pm Movie Night at Garrett 8 Theater Movie T.B.A.</p>	<p>8. Weight Watchers 5pm 10/09/18 Veterans Day Music & Dinner Show Grantsville S.C. 6pm Steve Smith & Durst Brothers Band \$10.00 Reservations Required 301-895-5818</p>	<p>9 9:00-Exercise Room Open 9:00-11:45- Bingo 10:30- Exercise-Weights 11:00 Tai Chi 12:00 Lunch 1:00-3:00 Cards & Games 1:00 Old Time jammers</p>
<p>12 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights 11:00 Tai Chi 12:00 – Lunch 1:00 – 3:00 – Games MOVIE 1:30</p>	<p>13 5:30 Line dancing Exercise room 6:00 Bridge Club Dining Room</p>	<p>14 9:00 – Exercise Room Open 9:00 – 10:00 - FREE Bingo 10:30 Exercise -Chair Aerobics 11:15-History of A.D Naylor Hardware By Jan Naylor 12:00 Lunch 1:00 – 4:00 – Games & Cards</p>	<p>15. Weight Watchers 5pm till 6pm</p>	<p>16 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise - Weights/ Tai Chi 12:00- Lunch 1:00 – 3:00 – Games 1:00 Old Time Jammers</p>
<p>19 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights 11:00 Tai Chi 12:00 – Lunch 1:00 – 3:00 – Games 1:00 CRAFTS</p>	<p>20 5:30 Line dancing Exercise room 6:00 Bridge Club Dining Room</p>	<p>21 9:00 – Exercise Room Open 9:00 – 10:00 - FREE Bingo 10:30- Exercise- Chair Aerobics 11:00 If Weather Permits Walk to the New Train Engine 12:00- Lunch Thanksgiving Party – Games & Cards</p>		<p>23 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights / Tai Chi 12:00 – Lunch 1:00 – 3:00 – Games 1;00 Old Time Jammers</p>
<p>26 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights/ 11:00 Tai Chi 12:00 – Lunch 1:00 – 3:00 – Games 1:30 MOVIE</p>	<p>27 5:30 Line dancing Exercise room 6:00 Bridge Club Dining Room</p>	<p>28 9:00 – Exercise Room Open 9:00 – 10:00 - FREE Bingo 10:30- Exercise-Chair Aerobics 11:15- C&S Fredlock Funeral 12:00 Lunch 1: 00-4:00 Games & Cards</p>	<p>29 Weight Watchers 5pm till 6pm 11/30/2018 Christmas Trip to Lancaster</p>	<p>30 9:00 – Exercise Room Open 9:00-11:45 – Bingo 10:30-Exercise-Weights / Tai Chi 12:00 – Lunch 1:00 – 3:00 – Games 1;00 Old Time Jammers</p>