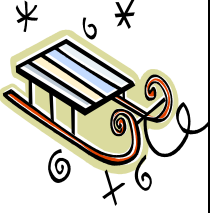


# FEBRUARY 2019 Activity Calendar *Grantsville Senior Center 301-895-5818*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Weight Watchers 5pm-6pm	5 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	6 9:00 – Exercise Room Open 9:30 – Morning Quilting 11:15 - <b>BINGO - with Patti</b> 12:00-Lunch	7 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	
11 Weight Watchers 5pm-6pm	12 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	13 9:00 – Exercise Room Open 9:30 – Morning Quilting 11:15 - <b>Game shows on You Tube</b> 12:00 – Lunch	14 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 11:30- <b>Valentine's Day Party</b> Music by Sam Coughenour 12:00 – Lunch	
18 Weight Watchers 5pm-6pm <b>Shopping trip to Cumberland and Movie</b> <b>Leave Grantsville at 10 Am return at 5pm</b> <b>Sign up by 2/14/19</b>	19 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	20 9:00 – Exercise Room Open 9:30 – Morning Quilting 11:15 - <b>BINGO - with Patti</b> 12:00-Lunch	21 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	
25 Weight Watchers 5pm-6pm 	26 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch	27 9:00 – Exercise Room Open 9:30 – Morning Quilting 12:00- Lunch 12:30 <b>Movie-&amp; Popcorn -</b>	28 9:00 – Exercise Room Open 9:30 – Morning Quilting 10:00 – Tai Chi/Balance Ball 11:00 - <b>Wii Bowling</b> 12:00 – Lunch *12:30 - <b>Special Farewell</b>	