

February 2019 Activity Calendar M.B. Senior Center 1-301-334-9431 Ext.6134

Monday	Tuesday	Wednesday	Thursday	Friday
BIRTHDAY	LINE DANCING Every TUESDAYS 5:30 -7:30	BLACK HISTORY MONTH	GROUNDHOG FEBRUARY 2th	1 9:00-11:45 Bingo (Bingo room) 10:30 Exercise Weights 11:00 Tai Chi 12:00 Lunch 1:00-4:00 Old Time Jammers 1:00-4:00 Games
4 9:00-11:45 Bingo (Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00-3:00 Games &Movie WORLD CAUCER DAY	JELLO WEEK	6 9:00-10:00 Free Bingo 10:30 Exercise Aerobics 11:00 Don Matthews 12:00 Lunch 1:00-4:00 Games 2:00 Bowling At the Alley		8 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi/ 12:00 Lunch 1:00-4:00 Old Time Jammers 1:00-4:00 Games
11 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00-3:00 Games 1:00 Movie and Pop Corn	LINCOLN BIRTHDAY	13 9:00-10:00 Free Bingo 10:30 Exercise Aerobics 11:15 Circle R Ranch Dana 1:00 Valentine Party 12:00 Lunch 1:00-4:00 Games		15 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00-4:00 Old Time Jammers 1:00-4:00 Games
18 Presidents Day 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00-3:00 /Game <u>1:00 Crafts</u> 25. 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00- 3:00 Games &Movie	ACT OF KINDNESS DAY FEBRUARY 17 DO SOMETHING NICE FOR SOMEONE	20 9:00-10:00 Free Bingo 10:30 Exercise Aerobics 11:00 TELL ABOUT YOUR PET 12:00 Lunch 1:00-4:00 Games 27, 9:00-10:00 Free Bingo 10:30 Exercise Aerobics 11:15 Barb Rexroad 12:00 Lunch 1:00-4:00 Games	LOVE YOUR PET DAY FEBRUARY 20	22 9:00-11:45 Bingo(Bingo Room) 10:30 Exercise Weights 11:00 Tai-Chi 12:00 Lunch 1:00-4:00 Old Time Jammers 1:00-4:00 Games